

Senior Questionnaire for Counselor's Letter of Recommendation

To assist in writing an accurate and detailed letter of recommendation for the college(s) to which you are applying, please fill out the attached form carefully. Please type or print neatly and make a photocopy of these pages for yourself.

Please give these questions serious thought. You want to be portrayed in the best possible light. Your answers should be understandable and readable. Your letter of recommendation will mirror the effort and work you put into this questionnaire.

You are encouraged to begin this process during the summer and set up an individual appointment after school begins in September. When you complete this questionnaire, make an appointment (full period) with your counselor to review your responses. This questionnaire should be returned to your counselor at least three (3) weeks before your first Transcript Request is submitted. You need to be considerate of those who develop your transcript and compose your Letter of Recommendation.

This Senior Questionnaire is only for school counselors.

If you have a question, stop by the office and/or make an appointment.

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*College should change your life.  
College is meant to sharpen your mind,  
Boost you onto the career ladder,  
And give you a sense of what you can accomplish in the world.*

Guidance Office - Senior Questionnaire

Name \_\_\_\_\_ Cell Phone \_\_\_\_\_

Email \_\_\_\_\_ Home Phone \_\_\_\_\_

Intended Major \_\_\_\_\_ Expected Career \_\_\_\_\_

Governor's School? \_\_\_\_\_

- SAT Reasoning Test:

Date \_\_\_\_\_ CR \_\_\_\_\_ M \_\_\_\_\_ W \_\_\_\_\_ Total \_\_\_\_\_

Date \_\_\_\_\_ CR \_\_\_\_\_ M \_\_\_\_\_ W \_\_\_\_\_ Total \_\_\_\_\_

Date \_\_\_\_\_ CR \_\_\_\_\_ M \_\_\_\_\_ W \_\_\_\_\_ Total \_\_\_\_\_

- SAT Subject Test:

Date \_\_\_\_\_ Subject \_\_\_\_\_ Score \_\_\_\_\_

Date \_\_\_\_\_ Subject \_\_\_\_\_ Score \_\_\_\_\_

Date \_\_\_\_\_ Subject \_\_\_\_\_ Score \_\_\_\_\_

Date \_\_\_\_\_ Subject \_\_\_\_\_ Score \_\_\_\_\_

- ACT: Date \_\_\_\_\_ Composite Score \_\_\_\_\_ w/Writing \_\_\_\_\_

COLLEGES to which you might apply:

Early Decision (ED)?  
Early Action (EA)?

Visited?  
(yes/no)

|     |       |       |       |
|-----|-------|-------|-------|
| 1.  | _____ | _____ | _____ |
| 2.  | _____ | _____ | _____ |
| 3.  | _____ | _____ | _____ |
| 4.  | _____ | _____ | _____ |
| 5.  | _____ | _____ | _____ |
| 6.  | _____ | _____ | _____ |
| 7.  | _____ | _____ | _____ |
| 8.  | _____ | _____ | _____ |
| 9.  | _____ | _____ | _____ |
| 10. | _____ | _____ | _____ |

1. What 3 adjectives would you use to describe yourself?

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What 3 adjectives would a teacher use to describe you?

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What 3 adjectives would a friend use to describe you?

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2. Which courses have you enjoyed the most? Why?

3. Which courses have given you the most difficulty? What steps did you take to overcome the challenge?

4. Do you want to remind me of a course conflict, specific grade, or academic incident that you would want mentioned in your recommendation? (Example: could not take Honors course due to scheduling conflict.)

5. Looking at your high school transcript, explain whether or not it is an accurate measure of your ability and potential.

6. What have you accomplished that makes you feel good or proud of yourself? Please describe in detail.

7. Have there been changes, positive or negative, or a particular situation that has occurred in your high school years that you feel affected you, your grades, or your participation in school? (Example: illness in family or self, divorce, summer experience, etc.)

8. What are your current career goals. How do they shape your choice of college major and post-secondary plans.?

9. What are your strong points – personal traits, academic talents, athletic strengths, and accomplishments, etc.?

10. Describe any volunteer experience and how it impacted you or others.

11. Have you experienced living in another state and/or country?

12. In what grade did you enter the Holmdel School District? (Circle one)

Pre-K K 1 2 3 4 5 6 7 8 9 10 11 12

13. Are you the first of your siblings to attend college? If not, which colleges did your siblings attend?

14. Have you had any musical training or experience?

15. What do you like to do with your free time? (Example: karate, theater, volunteering, sports, dance, etc.)

16. What person(s) do you admire? Why?

17. Is there an event/experience that has impacted you significantly?

18. If a college were required to make an admission decision between you and someone else who appears to have equal credentials, what evidence can you present that would encourage them to consider you?

Student Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent Signature \_\_\_\_\_ Date \_\_\_\_\_