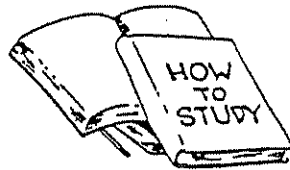


Richard P. Gallagher, CSP
Educational Entertainer
325 Borbeck Ave.
Phila., PA 19111
215-725-1793 * 215-886-3120
1-800-766-7883
FAX 215-742-7384
Irishturtl@aol.com
www.studyskillscentral.com



How to Study – General Methods

When you are in the classroom

Write down your teacher's questions. (They will be on the test.)

When you are at home

Remove as many distractions as possible.

When you read your textbook

Read the introduction. (You will know what *will be* important.)

Read the conclusion. (You will know what *was* important.)

Read the questions at the end of the chapter. (You will already have some of the answers from the introduction and conclusion.)

Skim each page by reading everything printed differently or the first sentence of each paragraph. (You will find more answers to the questions at the end of the chapter.)

Read in small chunks and answer the question, "What does it remind me of?"

Look at your notes but study the **color-coded index cards.**

As you study your index cards

Say them out loud and make an **Audiotape** of them.

When you are finished and you think you know it all:

Write everything to prove you know it.

Take the few index cards you do not know and

Study them in a different place. (You may remember what you studied just by where you studied it.)

Now you know it all. Relax. Take the difficult index cards and:

Review them before you go to sleep.

If you have a timer, you can

Play the audiotape while you sleep.

When you awaken you will remember most, but not all of the material so:

Play the audiotape while you are getting dressed.

When you get into the classroom, you can:

Associate a place in the room with the few items you still can't remember.

As soon as you receive the test:

Write on the test paper itself whatever it is you are still having trouble remembering.

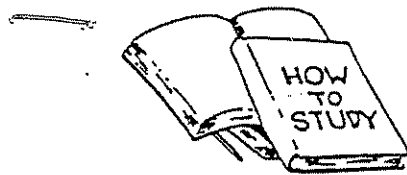
If it is an essay question:

Write the essay (at least an outline) the night before and the answer will just flow from your pen during the test.

If it is a computer-marked test, you must:

Ask if you should guess because on some tests you will earn a better grade than when you leave blanks.

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Assembly Notes



Save 10%
 Never leave a blank
 Make up last question
 How are you smart?
 Your true success will come when you
 make the choice to become excellent.
 Read ½ hour each day
 Catch a teacher in a miss-take and earn
 5 points.

We remember through our senses.
 20% - Hear
 40% - See
 40% - Do

What does it remind me of?
 Who does it remind me of?

You are not a failure.
 It is your plan that failed.

10-Minute Plan

3 minutes to make new flash card
 2 minutes to review old flash cards
 5 minutes to write it to prove you know it

Flash Cards: color-code and cut into shapes

Long term memory:

In class
 That night
 Two nights later

Mnemonics – First letter

Use colors, numbers, animals and food
 Start with someone you know.

Gallagher's Learning Systems

How to Study Book	\$12.95	Student Home Education Assignment Book	\$3.95
How to Study Workbook	\$12.95	Mini Posters- How to Study	\$3.95
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